The 1,000-year-old Chinese Secret to Get Your Happy Back...

True story: In 960 A.D — Chinese Emperor in the Song Dynasty dealing with war and turmoil began having a hard time coping with stress and occasional anxiety.

He summoned Court Physicians and said...

“Make me something so not to worry”

Here’s how the Emperor’s ancient formula — still very popular in China today — can help lift your mood... relieve stress... and calm anxiety.

I promise it will work for you...

I hear you, dear friend, I hear you...

You've been calling out for help in your heart.

You're reading this now because our energy — our “Chi” — have connected. And today, I hear you.

You're feeling stressed. Tired of being tired. You worry. And you're just worn out from dealing with modern life.

It's you, right? I know.

I also know you've tried other things you thought would help you. And they may have seemed to work for a while, but then they stop working — or made you feel sicker because of nasty side effects.

Sometimes you even feel like you go through the motions, not really “feeling” anything at all.

You even try to “act” happy so people don’t know how you really feel.

Like I said. I’m talking to you today for a reason...
... we’re being drawn together — because now — you are ready to hear what I’m about to reveal to you...

Next page, please...
My name is Dr. Yan Ping Xu — pronounced “Shoo”. In modern medicine I’m a doctor. But in Traditional Chinese Medicine, I’m a healer. That’s really more accurate to me.

For over 18 years — I’ve taken ancient Chinese remedies and modernized them for the 21st century. And I use these remedies to help my patients feel better physically and mentally in my clinic in Boca Raton, Florida.

The credit for the remarkable healing my patients experience goes to my ancestors. They are the ones who created the formulas and used them to stay well for thousands of years. Me? I’m just the lowly vessel used to introduce you to the healing power of these Traditional Chinese remedies.

But enough about me. Let’s get back to you. Because your mind is hurting right now. And you know what?

You’re not much different from Emperor Gong during the Song dynasty over 1,000 years ago. His is an old story, but one I’ve heard told back home in China over and over again.

As the story goes...

He was stressed. Armies were trying to attack his people.

He was worried. Everyone was looking to him for answers.

He couldn’t sleep. He kept one eye open all night long.

His brain was fuzzy. But he had to make very important decisions day in and day out.

Lots of self-doubt. Could he really lead and protect his people?

Ok — so you may not be in charge of an empire — but you have important people in your life who count on you, right?

Maybe you’re stressed out about job... money...family members... politics... your health... the list is so long...

Sometimes it just feels like things are closing in on you. Then you feel mentally drained — just exhausted.
See? You and Emperor Gong are a lot alike. But here’s what he did...

Emperor Gong needed something to relieve his stress, occasional anxiety and worry. He felt like he needed help. So, he summoned his Court Physicians and said to them...

“Make me something so not to worry”

After many, many efforts — the Court Physicians formulated something that was, well, nearly miraculous!

They combined 10 powerful Chinese herbs that found where worry, anxiety and stress was living in the Emperor’s body — and relieved it!

What they really did was create happiness in the Emperor’s body.

So they named this formula “Jie you Ling” — pronounced “Jee YOO Ling” — which means “The Secret of Rid Worries.”

Jie you Ling is proof that Americans are treating stress, worry and occasional anxiety the WRONG way!

I want to tell you something. Chinese healers are so shocked at the way Americans treat stress, anxiety and worry. It is so different from the Chinese way. Let me give you an example...

...When you experience:
✓ Blue moods
✓ Undue stress
✓ Anxiety
✓ Worry
✓ Sleepless nights
✓ Low energy

Many Americans take medicines that try to change or balance chemicals in the brain.

But that’s the problem. Stress, worry, and occasional anxiety don’t start in your brain...

For you to really understand this — you have to know a little bit about Traditional Chinese Medicine. If this is new to you — it’s ok — I will keep it simple. But you must know this:

5 elements create the Generating Cycle in the Universe...

Fire ➔ Earth ➔ Metal ➔ Water ➔ Wood

Traditional Chinese Medicine teaches that when these 5 elements are in balance — there is harmony in the universe.

Same is true for your body...
Your organs represent the same 5 elements in the universe. And when they are in balance in your body — you experience good health.

But when there’s disharmony or imbalance then the normal function of your body’s generating cycle becomes impaired. This causes organs to overreact to one another:

Ok — now look again:
See this? When your liver or spleen are not in balance — see how the liver attacks the spleen?

Now, know this:

Traditional Chinese Medicine teaches that feelings of sadness and blue moods are directly linked with the liver channel.

The liver has the responsibility of free flow movement of blood and chi — pronounced “chee” — which is the life force — or energy in your body.

The liver also holds stress. And when you are stressed out — your liver becomes stagnant. Liver chi is blocked.

Anxiety and worry make their home in spleen. So your spleen chi becomes blocked too.

When your liver and spleen chi are out of balance — then anxiety, stress and worry get way, way out of control!

So your liver and spleen send overactive and haywire signals to your brain for help.

Now, your brain receives these signals of imbalance and tries to “fix” the problem. And this causes brain chemicals to change.

The Western approach is to say “AHA — the problem is with the brain...”

... and they try to balance brain chemicals with traditional methods, but most of them are just Band-Aids®.

They’re only treating the SYMPTOM of the problem.

The real CAUSE of the worry and stress and occasional anxiety is liver and spleen imbalance!
Chinese doctors address the source and give you Jie you Ling to get your liver and spleen back in natural balance...

... to unblock Chi — and get the liver and spleen back in harmony.

Then you feel better. No more crazy signals going to your brain. Your body back in harmony.

Make sense to you?
And remember...
... what I’m telling you is nothing new.
This is how Chinese Medicine has been treating worry, blue moods, stress and occasional anxiety for over 1,000 years! It’s still being used in China today.

So let me tell you what makes Jie you Ling such a remarkable mood balancer...

10 ancient Chinese herbs and nutrients — working in harmony — to restore Chi and mental well-being...

... Oh, before I tell you about these wonderful herbs and nutrients. I want to say this to you:
You will not find Jie you Ling in America. It is a very, very guarded formula. But very popular in China — because like I say,

In Traditional Chinese Medicine we know that the 1,000 year-old Jie you Ling formula in Serenia targets liver and spleen channels to:

- Create healthy movement of liver chi
- Ease worry and occasional anxiety
- Nourish blood
- Reduce stress
- Support circulation
- Promote spleen chi function

Your Liver:

- Responsible for over 500 bodily functions and chemical reactions every day.
- Produces over 13,000 chemicals and hormones — including cholesterol, estrogen and testosterone. Manages over 50,000 enzymes that support cell functioning.
- Filters harmful toxins and other substances out of your bloodstream.
- Stores useful vitamins and minerals — including vitamins A, D, K and B12.
- Manufactures bile to break down fat.
- Regulates blood sugar levels.
- Neutralizes all internal and external environmental pollutants.

Chinese Liver:

- Responsible for over 500 bodily functions and chemical reactions every day.
- Produces over 13,000 chemicals and hormones — including cholesterol, estrogen and testosterone. Manages over 50,000 enzymes that support cell functioning.
- Filters harmful toxins and other substances out of your bloodstream.
- Stores useful vitamins and minerals — including vitamins A, D, K and B12.
- Manufactures bile to break down fat.
- Regulates blood sugar levels.
- Neutralizes all internal and external environmental pollutants.
I know many Chinese doctors who use it all the time.

But when Chinese doctors give Jie you Ling to their patients — it is usually in herbs and tinctures that don’t taste good. Actually taste horrible. But I have good news.

I am Chinese. I study with Chinese Masters. And I have been granted access to the Jie you Ling formula...

So I’ve taken this 1,000-year-old formula and modernized it to fit 21st century challenges. And now, in America, you can get Jie you Ling in my exclusive formula called Serenia.

Serenia gives you the best of both worlds because you get the ancient, 1,000 year old Jie you Ling formula plus 21st century brain-supporting nutrients to support overall health.

And you get it all in an easy-to-take pill!
No messy teas, tinctures or bitter herbs to swallow. Balancing moods, worry and stress has never been any easier than taking Serenia.

Ok — now let me tell you what makes Jie you Ling — found exclusively in Serenia — such a remarkable formula...

... you will see the original Chinese names my ancestors gave the nutrients in Jie you Ling formula. But I also give you American translations so you can do your own research about these herbs — and even discuss with your doctor if you like, ok?

But I tell you now...

... By the time you finish reading this report — you will know more about the power of these Chinese herbs than your American doctor! Why?

Your Spleen:

- **Soft and purple and about 5 inches long, 3½ inches wide, and 1½ inches thick.**
- **Part of the lymphatic system.** Located on the left side of your body just behind the stomach.
- **Contains many vessels** that carry and circulate fluids in your body.
- **Acts as a filter for your blood.** It recognizes and removes old, malformed, or damaged red blood cells.
- **Stores iron** in the form of ferritin or bilirubin, and eventually returns the iron to your bone marrow, where hemoglobin is made.
- **Can hold up to a cup of reserve blood** in case of emergencies.
- **Works with your immune system** to detect unwelcome micro-organisms. Helps create army of defender cells called lymphocytes.

“When your spleen chi is blocked – you worry too much!”
Because medical schools here don’t teach this. I know — remember — I have studied in America too. So I know what I tell you is true.

Ok — sorry for getting off track. You want to know what’s in Serenia, right? So you know what you are putting in your body. That’s good. Now, I’ll tell you...

... In every serving of Serenia — you get 10 powerful Chinese herbs — including King Herbs that are in charge of taking care of your liver and spleen. You also get important Harmonizing Herbs that promote tranquility and peace in your body and Assisting Herbs that support and balance the function of all the herbs in this ancient formula.

When used together — in the right amounts — the traditional Chinese approach to health teaches us that these herbs unlock stagnant chi — and keep chi moving in and out of body... nurse and strengthen tired organs... and promote a sense of calm and confidence to your body and mind.

Along with the powerful herbs — you also get brain-supporting vitamins and nutrients that work holistically with Jie you Ling. Holistically means they all work together — as a whole — to nurture and heal your body.

Combined — you get 10 amazing herbs and amazing nutrients that bring joy and happiness to your life again. Take a look...

“Herbs are amazing. They know just where to go to fix a problem”

“...Balance the Chi in your liver and spleen — to help your body’s innate ability to relax, reduce stress, and better handle the stress of modern life!”

Serenia promotes harmony and calmness. You become internally strong enough to cope with challenges in life.

Call TOLL FREE 1-800-856-6850 to claim your introductory supply today during this special invitation period.
柴胡 Chai Hu (Bupleurum) — Nourishes liver blood. This is a very important king herb for your liver. When the liver becomes stagnant from stress — Chai Hu gets your liver chi moving in and out. Chinese medicine teaches us that this clears heat and helps eliminate toxins! Very, VERY important for liver health.

白芍 Bai Shao (White peony root) — Calms excess liver energy caused by too much stress in body. Nervous energy or feeling frazzled or hyper is a sign of liver chi imbalance. Bai Shao can help. This herb is used to rehydrate and nourish liver blood.

当归 Dang Gui (Angelica Senensis)— Increases blood flow in liver channel. Improves circulation to prevent chi stagnation that creates worry and anxiety. This is the herb that lets your body say “Ahhhhhh” — and feel relaxed again.

炮姜 Pao Jiang (Brown ginger) — An assistant herb that warms your liver, spleen, stomach and bowels. Keeps chi moving to allow proper functioning of your liver and spleen.

薄荷 Bo He (mint) — Assists Chai Hu in soothing a tired or over reactive liver. Also encourages your liver to release stress and restore healthy movement of Chi.

炙甘草 Zhi Gan Cao (licorice) — Assists Bai Zhu and Fu Ling in replenishing spleen Chi. Also a harmonizing herb that enhances the effects of all the other herbs in the formula.

桂枝 Gui Zhi (cinnamon) — For a whole body “wake up!” Gui Zhi is the only herb that goes to all 15 channels in the body. It prepares your body by saying “hey, listen up - something good is coming” — and then all channels in the body open to receive healing benefits from the other herbs!

杜仲片 Du Zhong (Eucommia Bark) — Now this is for your kidneys, the mother organ for the adrenals. And when you’re under stress — adrenals need extra support. But when your kidneys are not in balance — you experience more stress, worry and occasional anxiety!

Dr. Xu Health Tip!

You probably drink hot beverages in the winter to keep warm, right? That's good. But I want you to drink hot beverages in summer too — so your midsection — especially the liver and spleen — stay warm. These organs work better when not cold. Add Pao Jing (brown ginger) to your warm drink. It's like a comfy blanket for your spleen!
See how much your organs rely on each other?

That’s why Jie you Ling is a comprehensive formula. It nurtures all the organs that affect your mood. With Jie you ling — you can...

✓ Take stress and anger OUT of your liver!
✓ Calm occasional anxiety and worry in spleen
✓ Remove fear out of kidneys
✓ Ease grief from lungs
✓ Soothe and calm the heart

And that’s not all...

You also get additional support with a powerful “brain cocktail”...

... Serenia also contains important brain vitamins to help feed you good thoughts — that’s why I call these nutrients a “cocktail”!

They include...

■ **Vitamin B6** — to regulate mood, fight mental fatigue and create natural “feel good” hormones for brain!

■ **Vitamin B12** — an “energy vitamin” that helps make DNA, nerve and blood cells. Found mostly in eggs, meat, shellfish and dairy — but many folks over 65 have far less than what they need because it is very hard to digest. While severe deficiencies are uncommon, it can impact your overall mental sharpness! So I make sure you get it in Serenia!

■ **Folic acid** — for healthy functioning of your nervous system. Also very

(Continued on page 11...)

Call TOLL FREE 1-800-856-6850 today to claim your introductory supply of Serenia!
It’s ok to be sad. Sadness is an emotion — just like joy.

But if you’re worried about it, you should have your vitamin B6 levels checked. It is the first thing you should check because not having enough vitamin B6 can make you feel blue.

**NIH warns doctors not to make this mistake...**

*National Institutes of Health* says checking vitamin B6 should be a first step in determining the cause of those “blue” feelings. This recommendation is based on results from clinical trials and studies. For example...

- **The Journal Psychotherapy and Psychosomatics**: In a study of 140 Danish people, researchers discovered low levels of pyridoxal phosphate, a form of vitamin B-6, were associated with symptoms related to melancholy.

- **Canadian Journal of Psychiatry** found an association between mood states and low levels of vitamin B-6 and other nutrients.

That’s why I make sure you get good, healthy levels of Vitamin B6 — to help your brain and balance your mood — in every serving of Serenia.

Call TOLL FREE 1-800-856-6850 to claim your introductory supply today during this special invitation period.
important to brain health.

So now — you see for yourself — what’s in the Serenia formula.

The main Chinese secret is Jie you Ling. The same formula used by my ancestors over 1,000 years ago.

But what makes Serenia so good for 21st century stressful life is the combination of this tried and true ancient formula blended with supporting nutrient cocktail to feed brain cells, too.

That’s why I’m so certain Serenia will work for you.

But there’s something else you must know. And it is very, very serious...

If you are familiar with Chinese history — then you know Emperor Gong was eventually conquered by Mongolian General Kublai Khan.

So does that mean Jie you Ling didn’t work for him?

Oh, no, no no!

This is a very important lesson. And I want you to know this:

Not Superman...

Jie you Ling won’t make you a “Superman”. It will not give you brute strength to knock down or punch out every obstacle that comes in your path.

No. Life is full of obstacles and challenges. That’s what makes life so interesting. You don’t want to beat everything up. That’s negative energy.

...Rubberman!

Jie you Ling makes you more like “Rubberman” — able to go with the flow, to move and bend — so you can handle whatever comes your way...

If you experience:

✓ Occasional sadness, anxiousness or an “empty” mood
✓ Loss of interest or pleasure in hobbies and activities
✓ Irritability
✓ Decreased energy or fatigue

I encourage you to get your happy back. Serenia can help.

Serenia restores healthy liver and spleen Chi to help you cope with today’s problems.

And you’ll do it not with macho force, but with internal strength. Much, much better. That’s the Chinese way.

How soon will you know Serenia is working?

Oh my goodness, Americans always want fast, fast, fast. Now, now now.

I get it. You want relief.

Serenia will give you what you need.

But you can’t take this formula — and click on a stopwatch and say “Go!”

That’s not the Chinese way.

You have to give Serenia time to move stagnant chi — to restore energy in organs and get them back in balance.

So it really depends on you.

Some people feel a difference the very first time they take Serenia.

You, too, may quickly feel a little more

(Continued on page 13...)
Every organ in your body has unique Chi — or vital energy — that keep it healthy and create harmony in body. When you have harmony — you have health.

Problem is — most Americans never learn to really listen to their bodies. If you listen — your body will talk to you — and tell you what’s good or bad for you. Let me prove it right now. It just takes 60 seconds.

You will need:
✔ Flat shoes or bare feet on floor
✔ A bottle of vitamins or herbal formula

Step #1: Hold the bottle with both hands, touching your chest.
Step #2: Stand up straight and get your balance. Feet close together.
Step #3: Close your eyes and be silent for a minute. Feel what is happening to your body.

Results:
If your body moves forward or stays neutral — going side to side — then whatever you are holding near your chest is ok for you. Your Chi matches.

If your body moves backward — whatever you are holding near your chest is not good for you. Your body is repelling it. Chi is saying it doesn’t want that. You should take something else.

You think this is weird?
No, it’s not weird — it’s Chi!

You can do this test on just about anything — a bottle of wine... foods...clothing. It’s easy to test and see if these things bring positive or negative energy to your body. When you get rid of negative energy — your body feels better!

You’ll discover how easy it is to use Traditional Chinese Medicine to help you uncover why you don’t feel your best. I wrote a special report to help make it so simple for you. It’s called “Unlocking the Healing Power of Chi!”

You’ll love it. And guess what?
It’s free when you try Serenia during this special introductory period!

A whole new world of health and wellness will open up to you when you learn to listen to your Chi, and now, it’s never been easier!

Listen to Chi — and “hear” what your body is telling you. I can show you how... just takes 60 seconds — and I promise you will be amazed!
in control. Like cobwebs in your brain have been cleared and you can think clearer.

For others, it may take a few days or weeks. Serenia needs to clear out stagnant chi — especially in the liver and spleen and get it moving again. I cannot promise — so please don’t ask me for an exact day. But I will tell you this:

Please finish the entire bottle of Serenia. By then you will know for sure it is working for you. That’s all I ask, ok?

And to make it fair for you. I don’t want you to risk anything when you are trying Serenia.

That means, you can take this formula for even 90 days. That way you make sure Serenia keeps working for you. If you’re ever unhappy with your results — I will give you all your money back. I don’t want you to be unhappy. Serenia is about getting your happy back!

I think that’s very fair, don’t you?
And that’s not all...

(Continued on page 14...)

“If you are depressed, you are living in the past.
If you are anxious, you are living in the future.
If you are at peace, you are living in the present.”
— Lao Tzu, Chinese Philosopher

Side effects of Serenia:
- Calm
- Tranquility
- Peace
- Ability to cope
- Happiness
- Free flowing Chi

Serenia is 100% natural and safe!
Please honor me by accepting these 3 special gifts.
Completely free when you give Serenia a fair try...

In Chinese culture — the more you give, the more you receive. And the happier you will be.
I am so happy to be able to share Serenia with you. I know this formula is what you have been waiting for.
I also respect your time and energy. So for listening to me today — and giving Serenia a try, I want to send you 3 very special gifts.

Yes, gifts. That means you can keep them no matter what. It’s my way of saying thank you for sharing your Chi — your energy — with me today...

“Unlocking the Healing Power of Chi!”
I’ve talked a lot about Chi — but you may not be too familiar with how Traditional Chinese Medicine uses Chi to support the health of your body. But that’s going to change — thanks to this special report!

You’re going to discover...

■ The essence of Traditional Chinese Medicine: These 2 basic teachings unlock the key to healing and well-being!
■ Experience the healing power of acupuncture — even if you’re afraid of needles! Simple trick removes worry and fear
■ 5 MUST-KNOW Chinese herbs for optimal health!
  Rescue organs... unblock chi... and work so well!

■ How to find a reputable acupuncturist or Traditional Chinese Medicine Practitioner!
  Make sure you choose someone who really knows Chinese healing. I’ll show you what to look for in your special report.

■ How to prepare your mind and body for your first visit with Chinese healer. Not ordinary doctor visit. Very unique and enjoyable experience for you!

■ And much more!

“How to Make Tea your Medicine — to Feel Better Naturally!”

Chinese Medicine has used tea for centuries to balance body... restore energy... and fight illness. But tea is not “one size fit all”. That’s why I say, when it comes to health problems — you need “Special Tea for Specialty!”

But which tea works better for what health problems?
Most Americans just don’t know. But you will.

In this report, I show you how to tap into the healing power of tea... find right tea to help you feel better... and sip your way to health! You’ll discover...
Special “Anxie-TEA”! this amazing flower tea calms your mind. Gets rid of obsessive thoughts. Amazing!

Lose “Fat-TEA”! Ooh... this tea help you burn fat faster... keep metabolism high for 2 hours after drinking a cup! Great for weight loss and management!

For “Sexuali-TEA! Improves libido and enhances sexual arousal in men and women!

Cre-a-TEA-ing content! Powerful phytonutrients give body overall feeling of satisfaction and peace.

Night-TEA night! Get good sleep, stay asleep and wake up rested!

And much more!

And when I hear from you within the next 10 days — you also get...

FAST RESPONSE Bonus!

“Eat with the Seasons for Emotional Balance and Year-Round Health!”

You must remember: What you put in your body can really affect your mind. In fact, your body tells you what it needs to stay well during each season — you just have to learn how to listen.

Chinese Medicine teaches that when you rotate foods that match the natural rotation cycle of seasons — you experience balance in mind and body. That means...

... when you eat foods in the right season — you can notice much improvement in mood... ability to fight illness... and even in happiness level!

In this special report — you get:

Special “food clock” that shows month-by-month — which foods to put in your shopping cart! Not just fruits and vegetables — but also which meats (and seafood) to eat! Try it — and see how good good you feel!

Food cure for winter months blues! Here’s how to prepare for changes in the seasons — and fight off those SAD days!

Crave fresh salads in spring — and more meat in the fall? There’s a reason for that. I’ll tell you what your body wants you to know!

PLUS: You get Dr. Xu's favorite “Recipe for Every Season”! With every new season — I treat my family to these tasty — and easy-to-make dishes! So yummy — try them!

And much more!

Now I don't like to rush you — but these special reports are only available during this
very special invitation. And I don’t want you to miss out.

So if you want to have all 3 of them — absolutely free — then pick up phone, call TOLL FREE 1-800-856-6850 and let the nice customer service representative know, ok?

Remember what I said in the beginning...
... we were drawn together today for a reason.
You are ready to hear what I revealed to you...
Was I right?

By now — are you seeing that it’s not a coincidence we met today?

Was your head nodding up and down as you read about why you may be feeling stressed... experiencing low energy... worry and occasional anxiety?

Is your head nodding right now?

That’s Chi, my friend.

It’s your energy force telling you the special formula called Jie you Ling — found in Serenia — is what your organs need to get stagnant chi moving again. Back in balance.

You know I’m right. Now, prove it to yourself and give Serenia a try.

Just pick up the phone now and call TOLL FREE 1-800-856-6850. Soon — you’ll have Serenia to help you get your happy back.

That’s what you want. I know.

Yours for free flowing Chi and a happy life.

Dr. Yan Ping Xu, DOM, AP
Chinese Healer and Formulator of Serenia

P.S. If you only remember ONE thing after reading this special report, please let it be this:

Freeing blocked chi in your liver and spleen is the key to relieving worry, stress, and occasional anxiety. It has been used for over 1,000 years.

It’s that simple. You can’t help but feel better when energy flows freely through your organs.

That’s what Serenia will do for you. I promise.

So please take advantage of this special invitation and try Serenia. You can even order more than one bottle and share Serenia with friends and family.

No matter how many bottles you order — you’re still protected by my 100% satisfaction guarantee. You’ll get back every penny you paid if you’re not convinced Serenia is working for you.

Don’t spend another day sad. Get your happy back.

CALL TOLL FREE 1-800-856-6850!
How I turned an Emperor’s 1,000 year old formula into modern day stress and anxiety reliever!

Two thousand years ago, nobody was worried about acid rain… pollution… or even poor quality soil. These are 21st century western problems.

So we can’t expect the fruits, vegetables and herbs that grow in the soil to be completely free of contamination.

But you can remove toxins and contaminants — thanks to modern day technology! So here’s what I do to make sure you get the quality herbs that worked for my forefathers:

Step #1: I go to China twice a year to personally select herbs to make Jie you Ling formula found in Serenia.

Step #2: Specially selected herbs are then sent to 4 independent labs in the U.S. for testing, quality control — and to identify and remove contaminants and metals.

Step #3: Manufacturing and processing of herbs are performed in state-of-the-art facilities in America. Yes, Serenia is a Chinese formula — made in the U.S.A! That’s very important because that way, I can make sure quality control is #1!

Step #4: Final stamp of approval and assurance guarantee is granted to confirm that each bottle of Serenia meets all safety and health requirements before distributing to customers.

That’s why you can have confidence in the safety and quality of nutrients in Serenia. Try it for yourself.

Call TOLL FREE
1-800-856-6850
today!
You must be 100% happy and satisfied with your results — or every penny you paid will be returned to you!

And you can take even 90 days to feel calm, relaxed and internally strong enough to handle whatever comes your way!

(See — told you this was stress-free!)

**Remember — not Superman — but Rubberman!**

Please DON’T expect **Serenia** to give you macho force to knock down or punch out every obstacle that comes in your path. That’s negative energy. Not the Chinese way.

But DO expect this 1,000-year-old remedy to help you cope with daily challenges... go with the flow... bend and move around obstacles... and give you internal fortitude to handle whatever comes at you. That’s the Chinese way. Not Superman — but Rubberman!

You have to give **Serenia** time to move stagnant chi. Promote healthy energy in liver and spleen and get them back in balance.

You may find **Serenia** works for you the very first time you use it. Or it may take a few more days. You are special and unique. So Serenia will work you different than others. That’s ok.

That’s good. Take the time. No rush.

Please finish the entire bottle of **Serenia**. This gives the ancient formula enough time to unblock stagnant chi. Then you will know for sure it is working for you. That’s all I ask, ok?

You can take this formula for even 90 days. I want you to get your happy back. And if you are not 100% convinced that **Serenia** is doing just that, then I don’t want to keep your money. That would not be right. I will give you all your money back, ok?

And all the gifts I sent to you — well, they are yours to keep no matter what you decide. That’s fair, don’t you think?

Call now TOLL FREE 1-800-xxx-xxxx now and say “I want to get my happy back!”

---

**Best Stress-Free, Worry-Free Guarantee Ever!**

You must be 100% happy and satisfied with your results — or every penny you paid will be returned to you!

And you can take even 90 days to feel calm, relaxed and internally strong enough to handle whatever comes your way!

(See — told you this was stress-free!)
Yes, Dr. Xu! I want to get my happy back! Please send me Serenia to try completely risk free. I understand that if I am not completely convinced that Serenia is balancing my mood... relieving stress... and keeping me from worrying too much I will receive a full refund, with no questions asked. I have 90 days to decide if Serenia is for me.

☐ Low Cost, Introductory Offer
Only $39.99 $29.99 + FREE Shipping! (a $6.99 value)
Item #TBD You may order up to six bottles at this special introductory price.

Please send me ____ bottles of Serenia for only $29.99 each.
Each bottle is a 30-day supply. Plus I’ll also get a FREE copy of these special reports written by Dr. Xu:

- Unlocking the Healing Power of Chi!
- How to Make Tea your Medicine — to Feel Better Naturally!

You can order up to six bottles of Serenia at this low, introductory price. Just call toll free 1-800-852-6850. (Hurry! Offer only good while supplies last.)

Payment Method: ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Card #_________________________ Expiration__________

Signature_____________________________________________________________

Phone ( )_________________________ (In case we have a question about your order)

☐ Check or Money Order, Payable to Healthy Directions. (IN 7%; KY 6%; ME 5.5%; NC 6.75% sales tax.)

HURRY! Prices valid through February 14, 2017
May not be combined with other offers.

Please visit: HealthyDirections.com
For Fastest Service, Call Toll Free
1-800-852-6850
24 hours a day, 7 days a week.

Our friendly U.S. operators can answer your questions and help you SAVE even more!
You may also mail this completed Certificate—no need to write your name and address! Just check the back cover to see if your name and address is correct. If not, please correct and mail in the envelope provided to: Dr. Yan Ping Xu, 95 Old Shoals Rd., Arden, NC 28704.
The 1,000 year-old secret of
“Make me something so not to worry” REVEALED!

Here’s how Emperor’s ancient formula — still very popular in China today — can lift your mood...relieve stress... and calm anxiety.

GUARANTEED to work for you — when you try it RISK FREE!

ALSO INSIDE:

■ Dr. Xu gives PROOF Americans are treating stress, anxiety and worry the WRONG way! Page 3

■ How to Make Tea your Medicine — to Feel Better Naturally! Page 14 — FREE GIFT!

■ Eat with the Seasons — for Emotional Balance and Year-Round Health! Page 15 — FREE GIFT!

“I’m talking to you today for a reason...”
The 1,000-year-old Chinese Secret to Get Your Happy Back...

Jie you Ling

True story: In 960 A.D — Chinese Emperor in the Song Dynasty dealing with war and turmoil began having a hard time dealing with stress and occasional anxiety.

He summoned Court Physicians and said...

“Make me something so not to worry”

Here’s how the Emperor’s ancient formula — still very popular in China today — can help lift your mood... relieve stress... and calm anxiety.

I promise it will work for you...

I hear you, dear friend, I hear you.

You've been calling out for help in your heart.

You're reading this now because our energy — our “Chi” — have connected. And today, I hear you.

You're feeling stressed. Tired of being tired. You worry. And you're just worn out from dealing with modern life.

It's you, right? I know.

I also know you've tried other things you thought would help you. And they may have seemed to work for a while, but then they stop working — or made you feel sicker because of nasty side effects.

Sometimes you even feel like you go through the motions, not really “feeling” anything at all.

You even try to “act” happy so people don’t know how you really feel.

Like I said. I’m talking to you today for a reason...

... we’re being drawn together — because now — you are ready to hear what I’m about to reveal to you...

Next page, please...